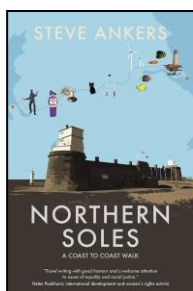


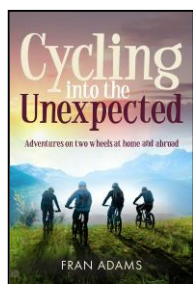
INSPIRATIONAL TRAVEL WRITING: PRESS RELEASE
FIVE HUMAN-POWERED JOURNEYS OF DISCOVERY
On foot and on bicycles the UK and Europe



NORTHERN SOLES
A COAST TO COAST WALK
by Steve Ankers

A fascinating 200-mile walk across northern England from Merseyside to Humberside meeting the unsung heroes at the heart of our communities

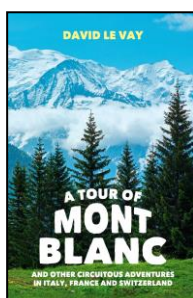
Full press release, review copies and photos available on request
ISBN: 978 1 78132 756 2 Paperback 215 pages RRP: £8.99 SilverWood Books March 2018



CYCLING INTO THE UNEXPECTED
ADVENTURES ON TWO WHEELS AT HOME AND ABROAD
by Fran Adams

Cycling and camping (but definitely *not* 'glamping') – joyful accounts of cycling adventures in the UK, France, Spain, Italy and the Dominican Republic

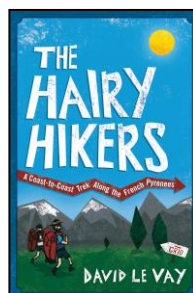
Full press release, review copies and photos available on request – author available for interviews
ISBN: 978 1 86151 536 0 Paperback 278 pages RRP: £12.99 Mereo Books January 2019



A TOUR OF MONT BLANC
AND OTHER CIRCUITOUS ADVENTURES IN ITALY, FRANCE AND SWITZERLAND
by David Le Vay

An arduous 170km walk through some of the most spectacular scenery in Europe – a humorous and reflective journey on foot around one of the world's most iconic mountains

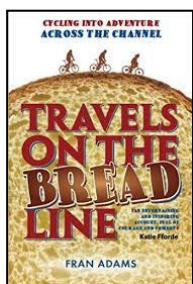
Full press release, review copies and photos available on request – author available for interviews
ISBN: 978 1 84953 519 9 Paperback 361 pages RRP: £9.99 Summersdale 2014



THE HAIRY HIKERS
A COAST-TO-COAST TREK ALONG THE FRENCH PYRENEES
by David Le Vay

Two friends set out on a 7-week challenge: to walk the fabled GR10 hiking trail from the Atlantic to the Mediterranean through one of the most spectacular mountain ranges in Europe

Full press release, review copies and photos available on request – author available for interviews
ISBN: 978 1 84953 237 2 Paperback 271 pages RRP: £8.99 Summersdale 2012



TRAVELS ON THE BREADLINE
CYCLING INTO ADVENTURE ACROSS THE CHANNEL
by Fran Adams

Longing to escape from her domestic routine – but very short of cash – Fran embarks on a cycling tour of Brittany with her teenage sons

Full press release, review copies and photos available on request – author available for interviews
ISBN: 978 1 909544 34 5 Paperback 265 pages RRP: £12.99 Memoirs Publishing 2013



To request review copies or to be put in touch with the authors, please contact

Elly Donovan PR elly@ellydonovan.co.uk tel: 0790 508 7779 / 01273 205 246 www.ellydonovan.co.uk
twitter: @EllyDonovanPR facebook.com/EllyDonovan Linked-In: Elly Donovan PR