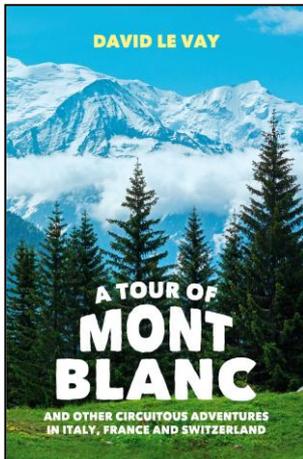


TRAVEL BOOKS PRESS RELEASE – TWO MOUNTAIN WALKING CHALLENGES

The inspiring and humorous adventures of hiking buddies in France, Italy and Switzerland

Author (based in Surbiton, Surrey) is available for interviews



A TOUR OF MONT BLANC

AND OTHER CIRCUITOUS ADVENTURES
IN ITALY, FRANCE AND SWITZERLAND

by David Le Vay

“The idea of these long distance hikes is not so much about finding oneself – more about regaining something that might have been lost or mislaid A sense perhaps of value and perspective.” David Le Vay

ISBN: 978 1 84953 519 9 Paperback 361 pages RRP: £9.99 Summersdale 2014
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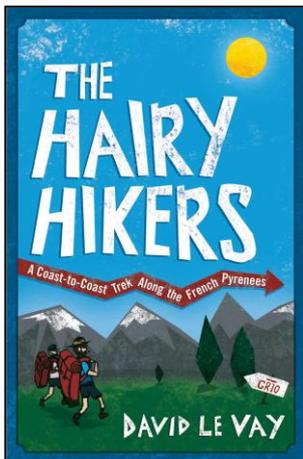
In a muddy field somewhere in Cornwall on New Year’s Day, two men make a pact to tackle Europe’s highest mountain. Mont Blanc or ‘Il Bianco’ (The White One’ as it is sometimes known as in Italy) sits, regally, upon pleated glacial folds high above the French town of Chamonix, lord of all that it surveys.

All who see it are beguiled, inspired and filled with awe – including David Le Vay.

Call it a mid-life crisis, with his daughter about to leave for university and the rapidly approaching prospect of his fiftieth birthday to consider: for David Le Vay, walking 170 kilometres across a mountain range seems the perfect antidote. Humorous, reflective and poignant, this is the story of a journey around one of the world’s most iconic mountains, through an area that is full to bursting with stories to remember.



By the same author ...



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A COAST-TO-COAST TREK ALONG THE FRENCH PYRENEES

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“Ultimately, it is about meaning; whether we feel fulfilled, enriched and sustained by what we do and how we do it.” David Le Vay

About the author: David Le Vay is a child therapist and a senior lecturer at Roehampton University, a jazz pianist in a band that gigs regularly around SW London and a keen cricket player. David is based in **Surbiton, Surrey**.

Media opportunities: Extracts/serialisation. Photos and review copies available on request. The author is available for interviews.



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