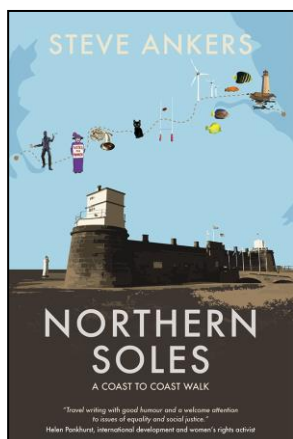


**PRESS RELEASE: THREE INSPIRATIONAL JOURNEYS ON FOOT**  
**Revealing and humorous walking adventures in the UK and Europe**



## **NORTHERN SOLES**

### **A COAST TO COAST WALK**

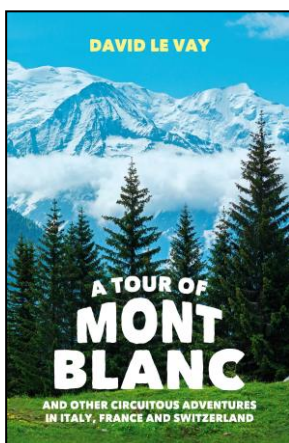
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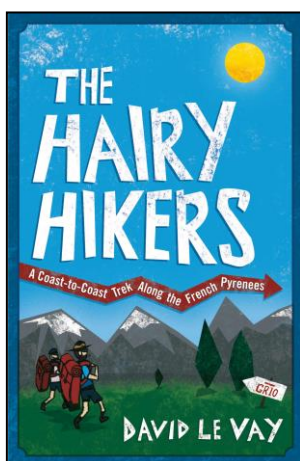
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